

Fitness

Boxing Boot Camp

with Master Trainer Eric Marshall

1989 Southern New England Light Heavyweight Golden Glove Champion

Boxing Bootcamp includes: jump rope, speed bag, heavy bag, strike pads and punch combinations - all the real training without getting hit in the head!

Wraps & gloves mandatory - Pre-registration required

Session Dates: Six Weeks
February 22-March 31

Days: Mondays & Wednesdays

Time: 6:30-7:30PM

Fee: Members: \$354 ^{plus tax}
Non-members \$480 ^{plus tax}

Contact Eric for details (203)358-0066 ext 305 or emarshall@sportsplex-ct.com

SPORTSPLEX

Registration Form
Boxing Boot Camp

Name _____ Member No. _____

Male Female

Date of Birth _____

Address _____ City/State/Zip _____

Home Phone _____ Work / Cell Phone _____

E-Mail _____

Member

Non-Member

Method Of Payment: House Charge Cash Check Credit Card

Credit Card # _____ Exp. Date _____

Waiver of Liability

I represent that I am in good physical condition and have no disability, impairment or ailment preventing participation in this program. I recognize the risk if injury in any exercise program and I am participating upon the express agreement that I am hereby waiving and releasing Sportsplex from any claims, costs, liability, and injuries incurred while on these premises.

Signature

Date